VALKYR LODGE WINTER MENU

Vegetarian Menu

DAILY BREKKIE STUFF: JUICE,ORG.COFFEE,TEAS,OATMEAL,GRANOLA,YOGURT,FRUIT
DAILY LUNCH OFFERINGS: A WIDE SELECTION OF BREADS AND WRAPS, DELI MEATS AND CHEESES, NUT BUTTERS, GREENS, VEGGIES, VEGGIE SPREADS, TRAIL MIX, FRESH BAKED COOKIES AND SNACK BARS.
DAILY APRES SKI: GREAT APPIES AND/OR SOUP AND A BUN.

SUNDAY – WELCOME! LUNCH Soup Sandwiches Cookies	SUPPER MENUS [1 glass of wine served with dinners] Wild Salmon Filet Pesto Pasta Caesar Salad Berry Cobbler n' cream
BREAKFAST MONDAY Breakfast Burritos Bacon Hash brown patty	Thai Curry Chicken Tofu sate Jasmine Rice Asian veggie stir fry Lemon Meringue Pie
TUESDAY Pancakes / maple syrup Fruit salad Bacon	Lamb skewers Greek salad Quinoa yam casserole Carrot Cake
WEDNESDAY Frittata (potato, egg, spinach, feta, peppers, green onion, sundried tomato) Ham Toast	Roast Beef Veggie patty w/mushroom gravy Mashed Potatoes & gravy Beet slaw Strawberry shortcake
THURSDAY Cinnamon buns Eggs Bacon	"Full House" Lasagna (2 meats, 3 cheeses and 6 veggies!) (veggie lasagna) Broccoli salad Pineapple Upside Down cake
FRIDAY Baked Denver Omelet Ham Blueberry cornmeal muffin	Stuffed Pork Roast Maple sweet potatoes Kale salad Toffee Date Cake
SATURDAY Pancakes / maple syrup Fruit salad Bacon	NY steak Veggie strata Twice baked potatoes Salad Apple Pie

SUNDAY- BREKKIE
Cereal
Fruit plate
Date walnut Muffin

*Vegetarian entrees
We can accommodate special diets!