PACKING GUIDELINES:

- PLEASE LIMIT YOUR PERSONAL GEARBAG TO @ 35 LB
- PACK CLOTHING AND OTHER GEAR IN A DUFFLE BAG. NO SUITCASES OR WHEELED BAGS.
- PASSENGERS ARE TO WEAR SKI CLOTHING AND BOOTS AND CARRY A SMALL DAYPACK WITH YOUR SKI PARAPHENALIA ON THE HELICOPTER FLIGHT.
- REMOVE TRAVEL BAGS FROM SKIS. BIND SKIS AND POLES SEPARATELY. EXTRA SETS OF SKIS/BOARDS ARE PERMITTED AS SPACE AND WEIGHT LIMITS ALLOW (i.e. 1 or 2 skis per group)
- ALL BAGS MUST HAVE ZIPPERED OR BUCKLED CLOSURES AND BOXES MUST BE SECURED WITH DUCT TAPE. (Bring your own duct tape for this purpose)

Winter Gear List

Here is a detailed list of the items that you will likely need in to include in your gear list.

- Avalanche transceiver/beacon (same thing, different terms)
- A minimum of 2 sets of fresh non-rechargeable batteries (for your beacon and your headlamp - brand spanking new is best)
- Avalanche probe
- Shovel
- Area map
- Compass/GPS
- First aid kit (including moleskin or something to fix up hot spots and blisters)
- Avalung/Airbag/Recco
- Snow analysis tools: snow crystal card/snow saw/thermometer/ruler

Other essential gear

- Alpine touring/telemark skis or split board and bindings (w/ optional brakes)
- Alpine touring /snowboard boots
- Climbing skins
- Adjustable poles
- Jacket (a shell of some sort; either Gortex or soft shell)
- Pants (a shell of some sort' either Gortex or soft shell)
- Light weight base layers
- Technical socks
- Warm layer (down jacket)
- Ski gloves (2 pair of varying weights)
- Lightweight toque/Buff plus a warm toque
- Ski goggles and sunglasses (with wide coverage if possible)
- Sunscreen and lip protection
- Helmet
- Small headlamp
- Repair kit: duct tape (wrap around ski pole/water bottle), pocket knife/multi-tool, lighter, spare pole basket, extra binding screws and spare parts, ski wax, skin glue
- 30-40 L daypack
- 1 L water bottle/thermos
- Camera
- Hot shots for hands/feet

Gear for the lodges

- Down booties/flip flops/slippers
- A change of clothes for relaxing in + bathing suit for sauna
- Music – CD's/Ipod/MP3 player depending on the lodge's set up
- A book
- Ear plugs (for snoring noise protection)